

	CORRECTIONS MEDICINE Use of Restraints ACA Standard: 4 ALDF – 4D – 21	
	Effective: April 2010 Revised: March 2015, April 2016, April 2017, April 2018, April 2019, July 2019 Reviewed: May 2013, March 2015	Policy Number: CM – 64

- I. **PURPOSE:** To establish guidelines for the use of restraints on patients for medical reasons.

- II. **POLICY:** Restraints shall only be used by health care staff in emergency situations if needed to prevent the patient from harming self or others, and if no other safe and effective intervention is possible.

- III. **RESPONSIBILITY:** All staff working in the Corrections Medicine program are responsible for the content of and adherence to this policy and procedure.

- IV. **PROCEDURE:**
 1. Restraints may be clinically ordered and custody ordered.

 2. Restraints should be used as a last measure when all other efforts for less restrictive treatment interventions have been exhausted and failed.

 3. Restraints and seclusion are not to be used by the medical and mental health staff for purposes of discipline, for the convenience of the staff, or as punishment.

 4. The dignity, privacy and safety of the persons who are restrained or secluded shall be preserved to the greatest extent possible during these interventions.

 5. Patients are not to be restrained in an unnatural position at any time.

 6. Medical staff involvement in the care patients while restrained by Department of Justice Services (DJS) custody staff is limited to the following:
 - a. Review of the health record for any contraindications or special accommodations required, which should be communicated immediately to appropriate DJS custody staff.

 - b. Assess and monitor the patient at designated intervals for as long as the patient is restrained. The patient shall be offered the opportunity to use the restroom, and eat and drink at designated intervals. A nurse shall document the assessment in the electronic medical record (EMR).

 - c. Clinical staff shall immediately notify the medical provider if the restrained patient has a medical or mental health condition(s) so further orders may be obtained.

V. **REFERENCES:**

American Correctional Association; Performance-Based Standards for Adult Local Detention Facilities; 4th Edition; 2004; Standard 4-ALDF-4D-21; Standard 4-ALDF-2B-02-1

American Public Health Association; Standards for Health Services in Correctional Institutions; 2003

Missouri Department of Mental Health; DOR 4.140; July 1, 2009

National Commission on Correctional Health Care; Standards for Health Services in Jails; 2018; Standard J-I-01

Department of Justice Service Policy 824 “Use of Restraints”